

ultimate bootcamp

ultimate fitness. ultimate fun.



CorporatePerks

We are all impacted by the rising costs of medical and health care. As premiums rise, the price for overweight, obese and physically inactive employees is increasingly borne by employers as productivity in the workplace declines. Unhealthy workers require more medical care, take more sick days and are less effective on the job. The good news, however, is that you as an employer can encourage an invigorating, more active lifestyle for your employees by providing *reduced pricing* access to fitness programs such as Ultimate Bootcamp. Let us show you the benefits of joining Ultimate Bootcamp's FREE Corporate Perks program.

Discounts

By simply enrolling in Ultimate Bootcamp's FREE Corporate Perks program, your employees will receive **\$25 off** a 4-week Ultimate Bootcamp fitness program at any of 9 Greater Boston or MetroWest outdoor locations*

Your employees can enjoy the discount as early as next week. Simply fill out the enrollment form below.

Consulting

Ultimate Bootcamp enjoys working with companies to provide exciting fitness programs and knowledge to the movers and shakers in your office.

Contact us for more information on customized Ultimate Bootcamp classes at your workplace or to add Healthy Living articles from our fitness experts into your next company newsletter.

Education

Cultivate camaraderie and create an encouraging environment - all while making fitness fun for your employees.

Ask us about bringing your employees an entertaining Lunch and Learn seminar, attending your Health and Wellness Fair or a fun obstacle course for your company's next Corporate Outing or Family Fun Day.

discounts
consulting
education

* Boston, Brookline, Cambridge, Charlestown, Framingham, Jamaica Plain, Medford, Quincy, South Boston, Watertown

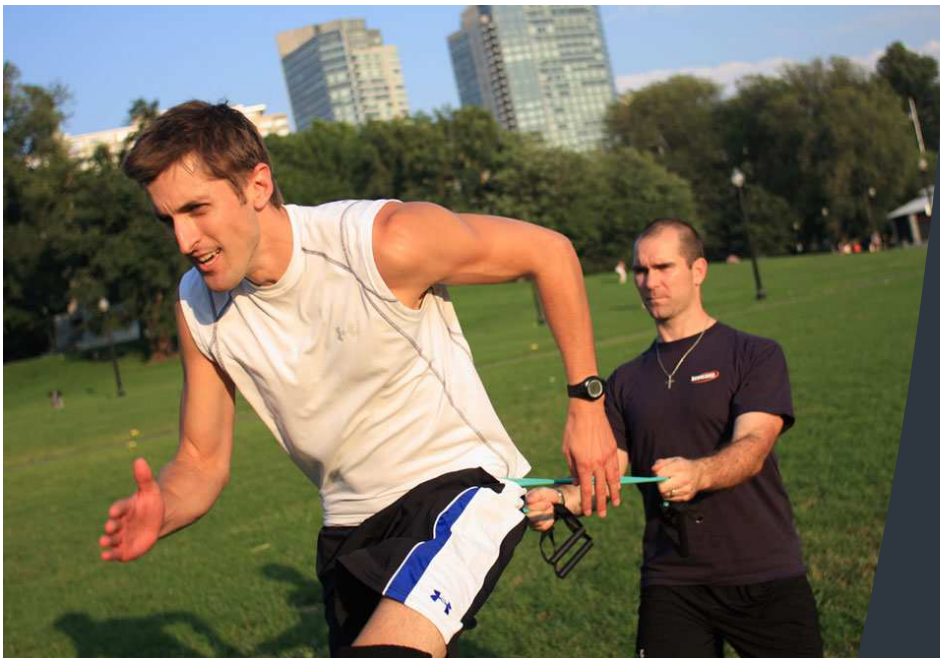
(617) 787-1224

www.ultimatebootcamp.com
info@ultimatebootcamp.com

OUR STORY

Ultimate Bootcamp is an exciting outdoor, full-body conditioning fitness program designed to challenge, tone and trim the body in four intense weeks. Team relays, sports conditioning drills and muscle toning are mixed together with motivation and encouragement to provide a fast-paced, fun-filled workout.

Ultimate Bootcamp was created in 2004 by Boston area fitness experts Jill Tomich and Peter Lavelle. Their passion for making fitness fun is the core Ultimate Bootcamp philosophy which their 24 Trainers share with over 350 participants every month at 9 Greater Boston and MetroWest outdoor parks.



NEW ENGLAND'S HOTTEST OUTDOOR FITNESS CLASSES

Ultimate Bootcamp and its co-founders Jill Tomich and Peter Lavelle have been featured in Boston Magazine, The Boston Globe, The Boston Herald, New England Sports Magazine, Daily Candy, Skirt Magazine, Stuff@Night Magazine, The Patriot Ledger, The WeeklyDIG, Men's Fitness, FOX 25, and KISS 108FM

RESULTS-DRIVEN FITNESS

After completing at least one four-week Ultimate Bootcamp program, participants have seen the following results:*

- 94% gained energy
- 94% improved physical tone
- 90% improved self-image
- 90% used momentum from Ultimate Bootcamp to improve overall lifestyle & eating habits
- 77% lost weight
- 73% lost inches

*Based on Fall 2007 client survey

(617) 787-1224
www.ultimatebootcamp.com
info@ultimatebootcamp.com

Company Information

Company Name _____

Company Contact/Title _____

Address _____

Phone _____ Fax _____

Email _____

If multiple New England offices, please list _____

Number of employees _____

Are employees offered healthy living benefits through their insurance? _____

If yes, how much? _____

Yes! I would like to enroll my company in the Ultimate Bootcamp Corporate Perks program and receive a \$25 off coupon for my employees. Please provide me with the following free promotional materials to spread the word to my employees. Check all that apply.

- .html email
- 8.5 x 11 flyers (electronic pdf)
- 8.5 x 11 flyers (color prints) how many? _____

I would like more information on the following programs. Check all that apply.

- Customized, on-site Ultimate Bootcamp classes at my workplace
- Obstacle Courses at my next Corporate Outing or Family Fun Day
- Lunch 'n' Learns at my workplace – animated discussions on fitness + healthy lunch
- Ultimate Bootcamp attending my Employee Benefits Fairs
- Healthy Living Articles from Ultimate Bootcamp fitness experts for my company's newsletter, lunch room or gym

Fax or mail application

We look forward to becoming a fitness resource for your company. You will be contacted shortly. Questions? Contact Peter Lavelle (617) 787-1224 or peter@ultimatebootcamp.com

FAX

(617) 787-1244

MAIL

Ultimate Bootcamp
PO Box 35394
Brighton, MA 02135



ultimate fitness. ultimate fun.